

# Swim School

Fall/Winter 2010-2011



**WATER BABIES  
WATER TOTS  
WATER KIDS  
JUNIORS  
MASTER TRAINING  
PRIVATE SWIM  
SWIM TEAM**

# TCR

The Club of Riverdale

2600 NETHERLAND AVE.  
RIVERDALE, NY 10463

**718 796 9099**

[www.tcr-nyc.com](http://www.tcr-nyc.com)

## SWIM SCHOOL REGISTRATION

Student name: \_\_\_\_\_ Email: \_\_\_\_\_ Account: \_\_\_\_\_

Address \_\_\_\_\_ Apt No: \_\_\_\_\_ Cross Street \_\_\_\_\_ Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home phone \_\_\_\_\_ Mom's Work phone \_\_\_\_\_ Dad's Work phone \_\_\_\_\_

Mom's Cell Phone \_\_\_\_\_ Dad's Cell Phone \_\_\_\_\_

Mom's name \_\_\_\_\_ Dad's Name \_\_\_\_\_ School \_\_\_\_\_

School address \_\_\_\_\_ Cross Street \_\_\_\_\_ Grade \_\_\_\_\_

Contact person \_\_\_\_\_ Dismissal time \_\_\_\_\_ Age of student \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_

Please Select time  9:00  9:30  10:00  10:30  11:00  3:00  3:30  4:00  5:00  6:00  7:00

Please Select days  Monday  Tuesday  Wednesday  Thursday  Friday  Saturday  Sunday

Please Select Program  Water Babies  Water Tots  Water Kids  Juniors  Adults Master Swim  Swim Team

Please Select Level of swim  1 Water exploration  2 Primary skills  3 Stroke readiness  4 Stroke development  
 5 Stroke refinement  6 Pre team/skill proficient  7 Team/Advanced skill

**PAYMENT METHOD:**

Amex  Visa  Master card  Discover

CARD # \_\_\_\_\_ EXP. DATE \_\_\_\_\_

CASH  CHECK

Enrolled by: \_\_\_\_\_ Date: \_\_\_\_\_ Placed  \_\_\_\_\_

Confirmed by: \_\_\_\_\_ Date: \_\_\_\_\_ Note: \_\_\_\_\_

**OFFICIAL USE ONLY**

COST \_\_\_\_\_ Date Paid: \_\_\_\_\_

# COME ON IN, THE WATER IS GREAT!

## WATER BABIES

6 – 18 MONTHS

Accompanied by an adult for a session of fun and games to encourage a most positive learning experience.

### 14 HALF HOUR SESSIONS

MEMBERS	\$300
NON MEMBERS	\$400



## WATER TOTS

18 MONTHS – 3 YEARS

Accompanied by an adult, children enjoy games and exercises to promote development and coordination of breathing, kicking, floating and arm movement.

### 14 HALF HOUR SESSIONS

MEMBERS	\$300
NON MEMBERS	\$400

## WATER KIDS 3 – 5 YEARS

Kids accompanied by an adult explore the water learning skills of submerging, kicking, arm movement, floatation and safety.

### 14 HALF HOUR SESSIONS

MEMBERS	\$300
NON MEMBERS	\$400

## JUNIORS 4 – 16 YEARS

We will place your child in a one hour class of not more than 6 – 8 students. We utilize a seven level swim placement system insuring that skills are developed with a positive motivation towards the water.

### 14 HOUR SESSIONS

MEMBERS	\$350
NON MEMBERS	\$450

## TCR MASTER TRAINING

A perfect way for the more experienced adult swimmer to stay in shape. This program is open to advanced swimmers age 18 and older. Whether you join for fun, triathlon training, cardio benefits or to perfect your stroke techniques TCR Master Training is the perfect program. Our experienced coach's will help you work on creating a leaner physique and greater over all muscle tone.

14 weeks \$650  
6:30-7:30pm Mon, Wed & Friday.

## PRIVATE SWIM LESSONS

Whether for the beginner or the advanced swimmer, our professional swim coaches will make your time in the water more enjoyable. For the novice we will stress life-sustaining floatation and elementary propulsion. For those seeking cardio benefits through lap swimming, we will perfect your technique so as to make your aquatic exercise time more efficient and productive.

### Members:

1 Hour Private	\$100
10 Hours Private	\$800*
10 Hours 2 People	\$600* Per Person
14 Hours Private Fixed time	\$1300
14 Hours Private Fixed time 2 People	\$850 Per Person
28 Hours Private Fixed time	\$2400
28 Hours Private Fixed time 2 People	\$1500 Per Person

### Non – Members:

10 Hours Private	\$1000*
10 Hours 2 People	\$800* Per Person
14 Hours Private Fixed time	\$1500
14 Hours Private Fixed time 2 People	\$950 Per Person
28 Hours Private Fixed time	\$3000
28 Hours Private Fixed time 2 People	\$1800 Per Person

There is a 24 hour cancellation policy for all swim lessons.

\* Booked week to week

**20% OFF ON SWIM PRIVATE PACKAGE  
(DURING JUNE, JULY & AUGUST)**

## The fun, professional way for you and your children to learn how to swim

Share the fun and learn the important skills of proper swimming techniques and practices. A learning experience geared to all ages and levels. Our team of trained instructors will make sure that you get the most out of swim school. The instructors are chosen with experience and personality in mind to ensure a smile on the faces of all our students. The approach chosen for the TCR Swim School is a gentle yet productive one, caring yet demanding and always with a positive attitude. Swimming has never been so much fun.